

A.L.E.R.T.

Aylesbeare Local Emergency Response Team

Corona Virus Bulletin #1



Aylesbeare Parish Council is putting in place a team to help our community pull together during the Corona virus crisis.

A few statistics: We have around 600 residents living in 350 properties. Around 165 are over 65 years old and around 40 are over 80. We have many other residents who are ill, self-isolating or looking after others.

Some of you will use social media like Facebook to keep in touch, find information and ask for advice but many of our residents don't have the access or 'know how' to use these methods.

At the moment we don't know who or where 'They' are so we can't help you should there be need ...

We must connect with **All of our residents**, so we are setting up a network of Volunteers, each covering a few properties and residents. This will all work better if it is organised and coordinated. Several people have already offered their help, but we will surely need more, **Can You help?**

Once we have the Volunteers they can: contact their neighbours, deliver newsletters, flag up concerns and offer practical help like collecting prescriptions and doing some shopping. This will become even more important and difficult this week when people with critical conditions are told to self-isolate for 12 weeks.

We will instruct the Volunteers in how to do these 'services' without putting themselves, or others at risk in line with the advice being given by NHS England.

If you wish to volunteer, please email Cllr. Anna Thompson:-
cllrannathompson@hotmail.com

Finally even if you can't help as a Volunteer, please copy the "Hello!" note overleaf and (being mindful of Social Distancing) offer to help your neighbours or alternatively drop it into the Nightjar Inn's letterbox ...

PTO ...

How to contact us? ...

To contact the Parish Council and A.L.E.R.T., please email:-
aylesbearepc@yahoo.com

If you need assistance, or know of anyone you suspect might be in need of help, please use this email to let us know the name, phone number and address (you will get a quick response if you use this email address).

If you cannot send email please **telephone 01392 202692** – Please be aware that we can't promise to answer the phone 24 hours a day, but you can leave a message at any time; be sure state your **name & contact number** (this information will be held in strict confidence and only until the current situation has passed,) and leave a message ... If you leave a message, you can be assured, **we WILL call you back**, as quickly as we can.

If you are seeking Medical Advice go to the 111 website, or if unable phone 111. **DO NOT** go to your Doctors Surgery. **Please, Stay at Home.**

Remember in a real medical or **life threatening** emergency to call the Emergency Services on 999.

Email aylesbearepc@yahoo.com - The best way to contact us. 😊

HELLO! If you are self-isolating, I can help.

My name is
.....

I live locally at
.....

My phone number is
.....

If you are self-isolating due to COVID-19 I can help with:

<input type="checkbox"/> Picking up shopping	<input type="checkbox"/> Posting mail
<input type="checkbox"/> A friendly phone call	<input type="checkbox"/> Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. **#ViralKindness**