



Balloons – bereavement and loss looking onwards

Balloons is a small local charity providing pre and post bereavement support to children and young people living in Exeter, Mid, East and West Devon, before and after the death of someone close to them.

Support is provided by fully trained volunteer Grief Support Workers, who meet and work with the child or young person at home or in school, allowing them to express their fears, ask questions, and have the opportunity to work through their grief.

Grief not dealt with can lead to disruptive behaviour, loss of self esteem and confidence, poor school attendance, and perhaps problems in adult life.

As we are a new charity (officially launching three years ago), Balloons is still unknown to many residents living in our districts.

As Balloons relies totally on fundraising to support their pre and post bereavement services, we have decided to contact local communities through church and community magazines, to raise awareness of the charity.

If you would like to fundraise on behalf of Balloons – perhaps organise a coffee morning, cake sale or event– please contact Jen Pheby by email projectmanage@balloons-devon.org.uk, or ring 01392 826065.

If you need a service, or would like to know more about becoming a volunteer Grief Support Worker, please contact Deborah Butler, Family Support Coordinator/Trainer on familyworker@balloons-devon.org.uk, or ring 01392 826064.

www.balloons-devon.org.uk/ www.balloonscharity.co.uk